

Reprint this
activity for
continued fun!

HEALTHY HANDWASHING HABITS

Use this calendar to encourage healthy handwashing! Every time your child washes their hands, have them color in the bar of soap. If they score at least twenty bars of soap in the week, reward them with a prize or the coloring sheet on the second page!



WHEN should we wash our hands?

- After blowing your nose, coughing, or sneezing
- Before eating a snack or meal
- After playing with toys or playing outside
- After using the bathroom
- After touching animals or pets
- Before and after visiting a friend or family member
- After touching garbage

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/
soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/
soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/	soap/ soap/

For how LONG should we wash our hands?

We should wash our hands with soap and water for at least twenty seconds. For more healthy tips, get your copy of **Washy Wash!** wherever ebooks are sold!



HANDWASHING FUN

Color in the image of Abby practicing healthy habits!



To learn more healthy habits, get your copy of *Washy Wash!* wherever ebooks are sold!

