

HILARY DUFF

My Little Brave Girl



ACTIVITIES

*The world is big,
My Little Brave Girl.
It's all here for you.*

Dear Reader,

Mother, actress, and singer **HILARY DUFF** offers a beautiful and inspiring picture book about bravery and love. With this book, encourage the girls in your life to reach higher, dream bigger, and approach the world with their hearts wide open.



Hilary Duff

This love letter to little girls was inspired by Hilary Duff's own experience as a mother as she considered all the ways her daughter had to be brave, even as an infant. With lush illustrations and an empowering message, reading *My Little Brave Girl* is the perfect way to remind those in your life to be brave! To extend the storytime experience, enjoy these activities and crafts together.

Happy reading!

Your friends,



**GET YOUR
COPY
TODAY!**

Bravery Box

Let's make a time capsule of things that make you feel brave! Find a small box or something that can hold the items you'd like to store.

Below you'll find a list of suggested items to include, as well as a label you can affix to your bravery box!

Once you've added your items, seal the box and decorate it however you'd like—draw on it, cover it with stickers, glue on glitter!

CONTENT SUGGESTIONS:

- Letters to the Future (in this activity packet)
- A Few of My Favorite Things (in this activity packet)
- Self-Portrait (in this activity packet)
- A recent printed photo of yourself that is dated
- A newspaper from the day you make your bravery box
- Anything that made you feel brave when you were little (And that you won't miss too much! Remember, you won't open the bravery box for a long time!)

Ask an adult's
permission
before using
scissors!



My Little Brave Girl

_____'s

Name

bravery box

Don't Open Until

Date

RHCB

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What You Need

- Scissors
- Glue



Letters to the Future

Do you dare to dream big? What do you want to be when you grow up? On the lines below, write a letter to your future self. Grown-ups, photocopy this page, and write a letter to your little one's future self. Once both letters have been written, add to your bravery box!



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A Few of My Favorite Things



_____’s Favorite Things

Today’s Date Is _____

Tell us about your favorite things!

Movie _____

Emoji _____

Book _____

Toy _____

TV Show _____

Sport _____

Food _____

Color _____



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Self-Portrait

You are braver than you believe! Draw yourself
doing something that makes you feel brave!



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Bravery Besties

You never need to feel alone!
Complete the craft below to bring
these besties wherever you go.

INSTRUCTIONS:

Step 1:

With the help of an adult, cut out each
of the girls along the dotted line.

Step 2:

Glue a Popsicle stick to the back of
each girl. Allow enough free space on
the Popsicle stick so you can hold it!

Step 3:

Bring these girls wherever you go to remind
yourself that you're never alone!

What You Need

- Popsicle sticks
- Scissors
- Glue

Ask an adult's
permission
before using
scissors!



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