

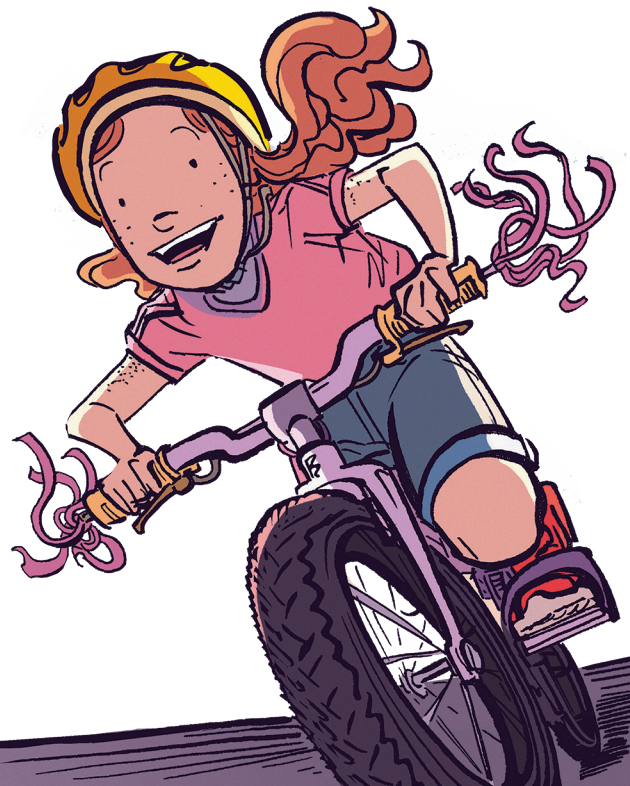
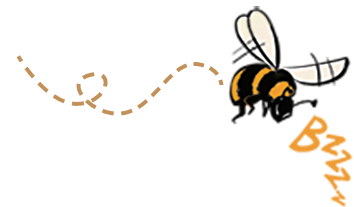
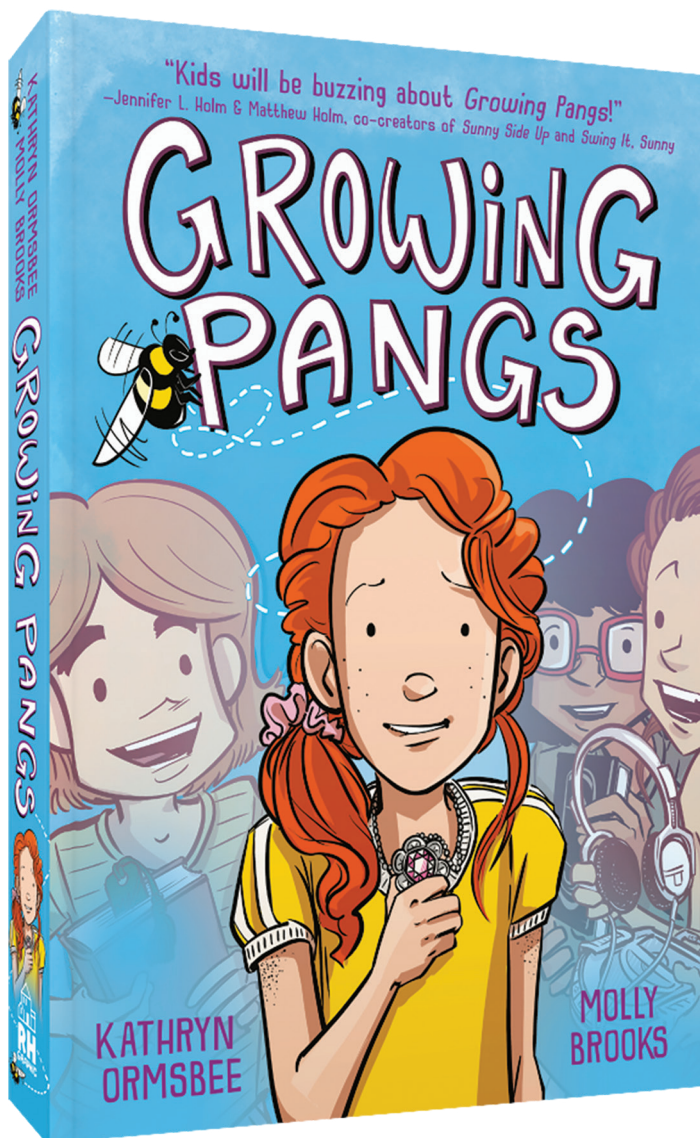
# GROWING PANGS

## Activity Brochure



New grade. New friends. New worries?  
Continue Katie's story with these activities.

- Discussion Guide
- Friendship Playlist
- Create Your Own Graphic Novel

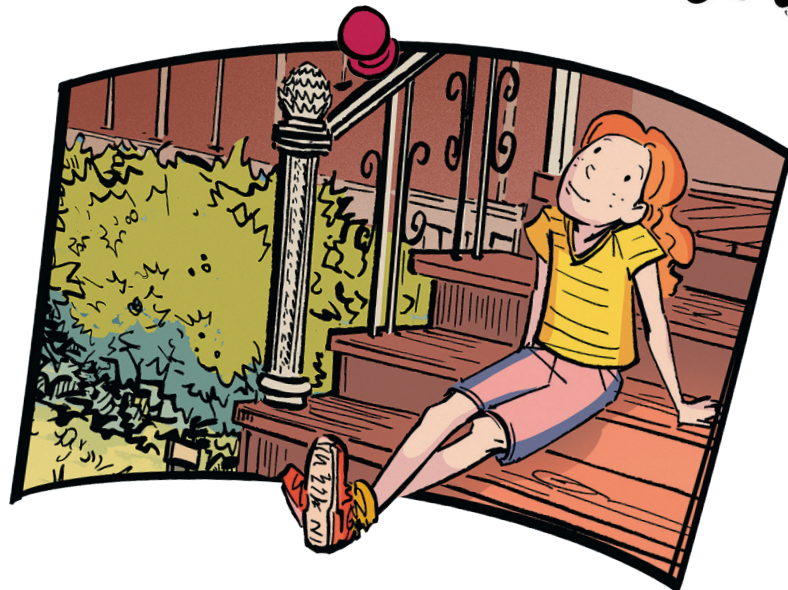
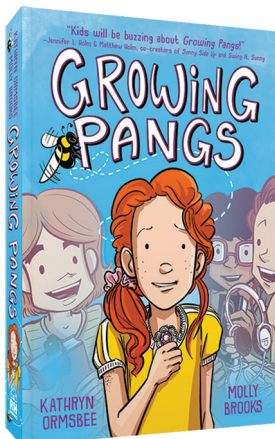




# Discussion Guide

Growing up can mean big changes. As you read through *Growing Pangs* use these questions to guide discussions with a friend or a family member.

1. Katie and Kacey love to share books and write super top-secret musicals. What do you like to do with your friends?
2. Katie is a little nervous to go to Camp Aldridge. (p. 17) Describe a time when you had to do something that felt scary. What happened?
3. Katie talks about all the things that make her different. (p. 31) Is there something that makes you different? How does that make you feel?
4. Buzzing thoughts keep following Katie around. How does she try to make them stop? Does it help? (p. 50)
5. How does Katie feel about being homeschooled? (p. 72)
6. Why is Katie nervous about her friendship with Kacey? Think about a time a friendship made you feel worried. Why did you feel this way? (p. 99)
7. How are the buzzing thoughts affecting Katie? Why do they scare her? (p. 112)
8. Sometimes being honest can be nerve-racking. How does Katie tell her mom how she's feeling? Have you ever felt worried to tell the truth? (p. 156)
9. After talking to her dad, how do Katie's feelings about being different change?
10. Even though Katie is sad that her friendship is over with Kacey, she decides that Kacey was "still important" to her. When have you felt this way about a friendship? (p. 218)
11. What was your favorite part of the story? Did anything surprise you?
12. Have you ever read a graphic novel before? What did you like about it?





# GROWING PANGS

## Friendship Playlist



Sometimes the best way to make new friends is to share music. Whether you like funky pop music or show tunes, create the perfect *Growing Pangs* playlist to listen to and share with your friends!

A song you love to dance to

Your favorite song to sing along to

A song that always lifts your mood

A song that describes your personality

A song by your favorite band

The last song you listened to

A song that reminds you  
of your friends

A song that sometimes  
gets stuck in your head

The perfect song to listen to  
during the summer

A song from your  
favorite movie or musical

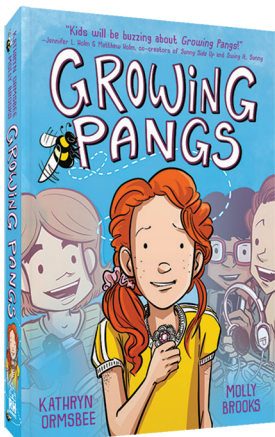


# Create Your Own Graphic Novel

If you could write a graphic novel about friendship or growing up, what would it look like?

Using the panels below, create your own story!

Remember to get creative with speech bubbles, bright colors, and fun characters.



Art © 2022 by Molly Brooks