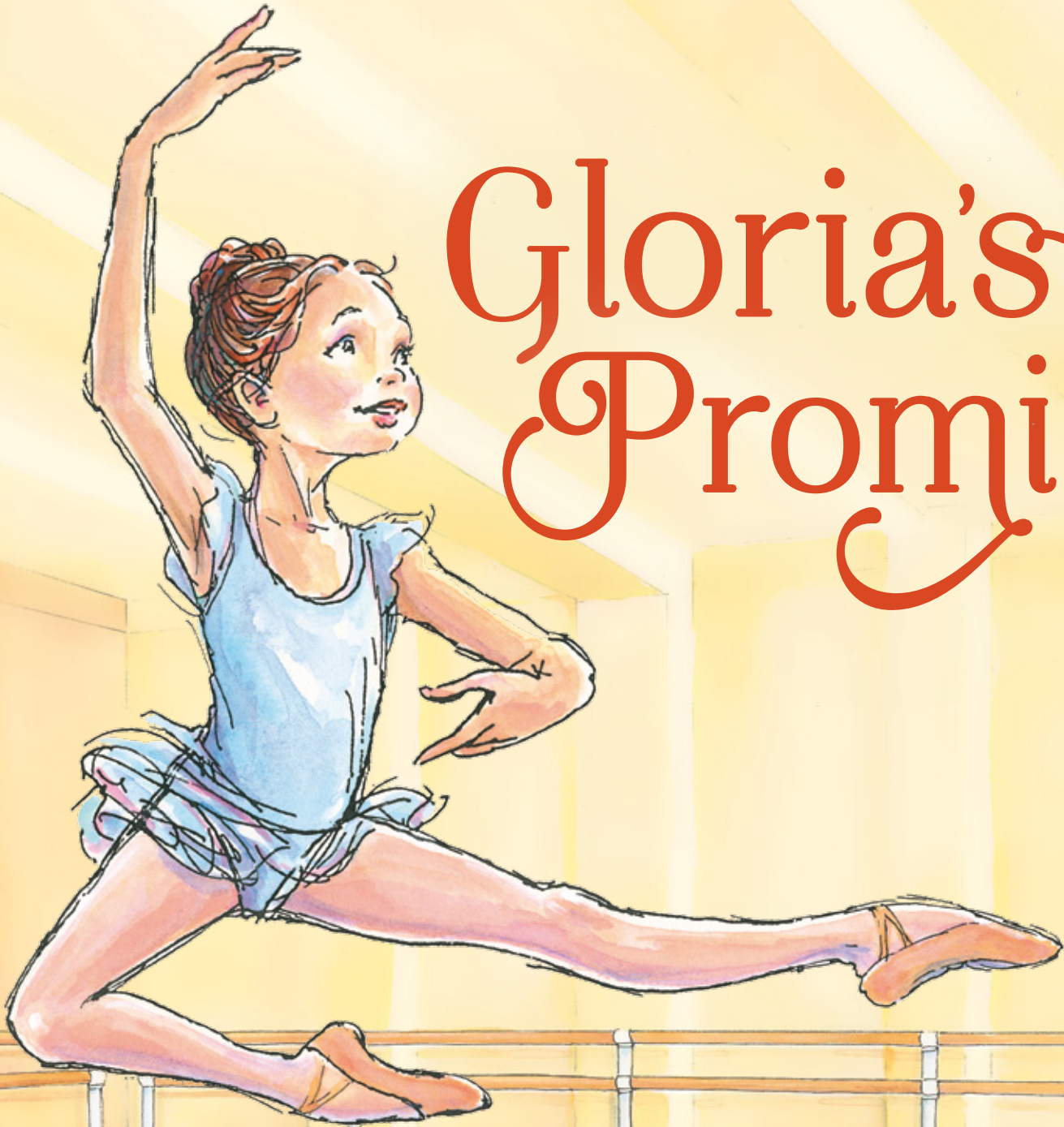


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# Gloria's Promise



Take storytime  
to new heights!



Dear Ballet Fan,

From the *New York Times* bestselling illustrator and former ballet soloist **Robin Preiss Glasser** comes a story about a young ballet dancer whose boundless determination makes her dream of dancing with the American Ballet Theatre come true.

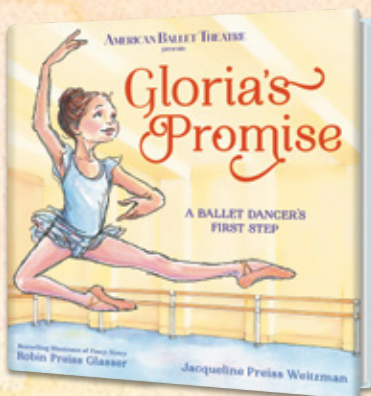
Gloria has a very big dream: to be admitted to the summer program at the American Ballet Theatre. The day of the audition arrives, and Gloria couldn't be more excited! She can't wait to dance and show the world what she can do. In the ABT studios, she gets a peek into a glorious room filled with pointe shoes, ballet dancers getting fitted for tutus, and an awe-inspiring company rehearsal.

With activities full of fun, American Ballet Theatre and Random House Children's Books invite you and your little dancer to take your dreams to new heights!

Your friends,



**AVAILABLE NOW!**



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Art © 2023 by Robin Preiss Glasser

**ALSO AVAILABLE**



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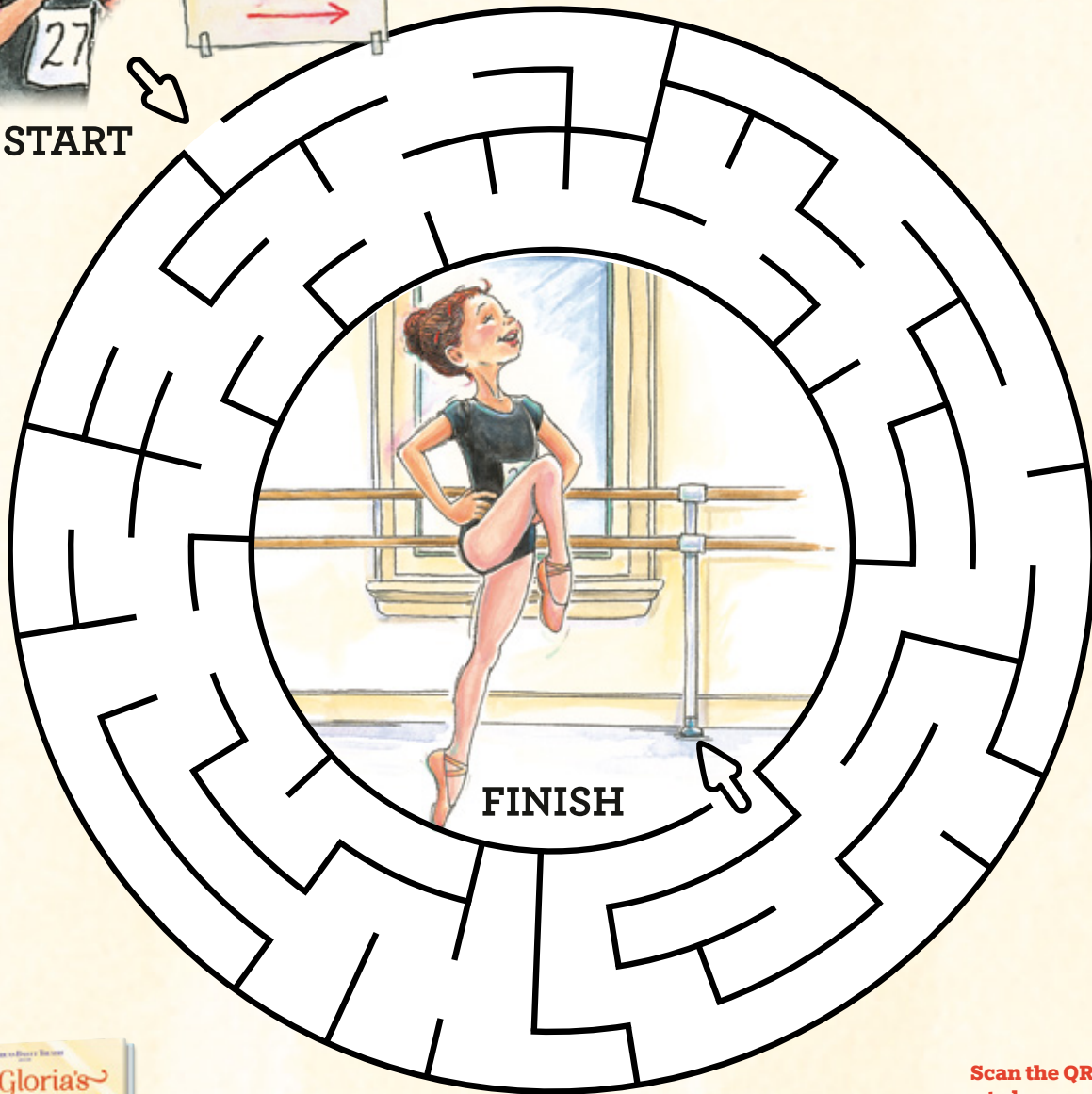
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# Audition Maze

Gloria is ready for her audition!  
Guide her through the maze so she arrives on time.



START



FINISH

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the page 22 of this packet.

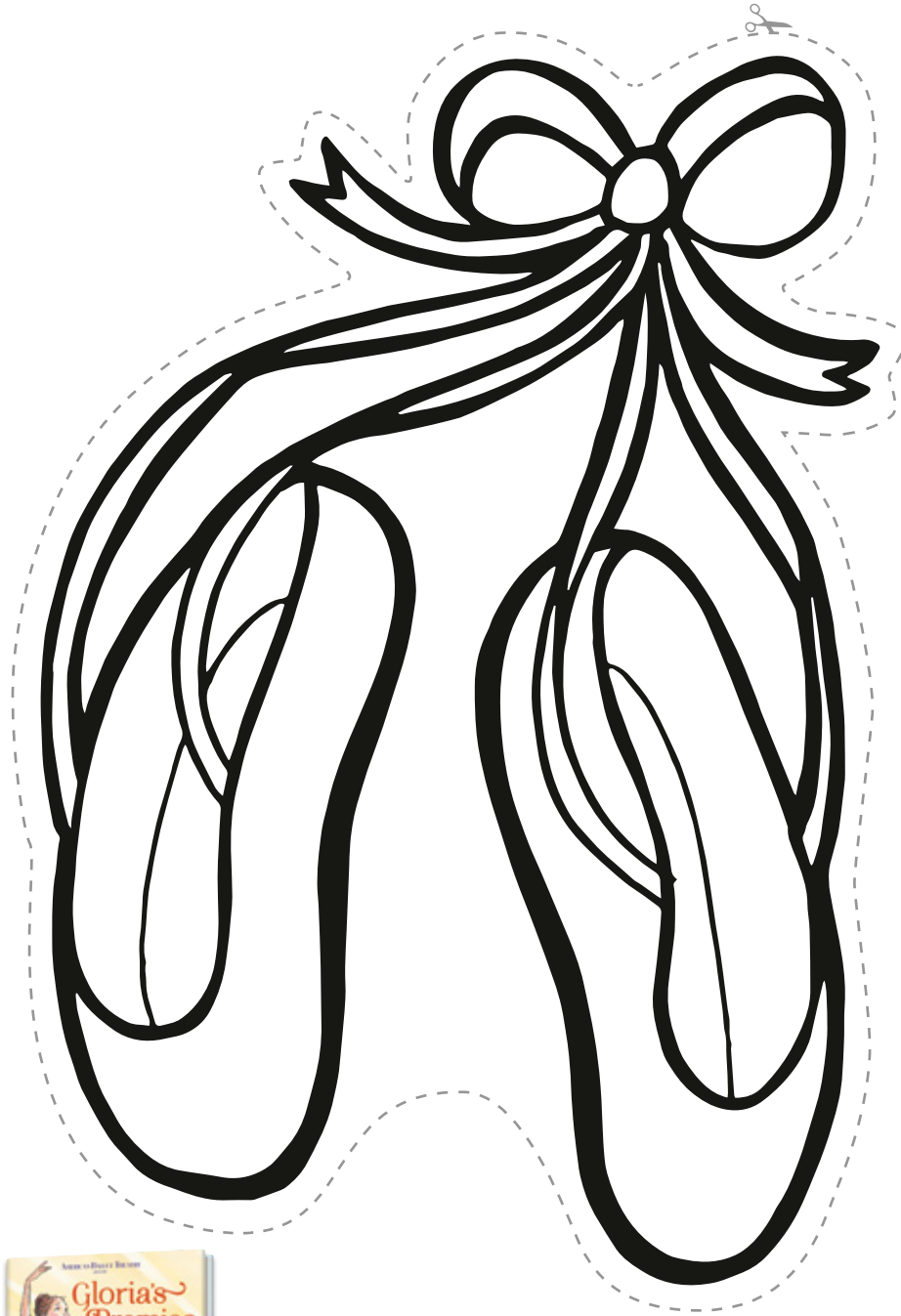
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# The Perfect Ballet Shoes

Dance to the top with your own unique ballet shoes!



Ballet shoes are important to every ballet dancer. Decorate these shoes so they are perfect for you! With a grown-up's help, you can cut the shoes out and bring them with you to your ballet class. If you don't have access to a printer, draw and decorate your own perfect ballet shoes on a blank piece of paper.

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# Ballet Class Checklist

As you head to ballet class, make sure you bring the following items! Check off the items below as you pack for class.



**Positive Attitude**



**Ballet Shoes**



**Tights**



**Towel**



**Leotard or Shorts**



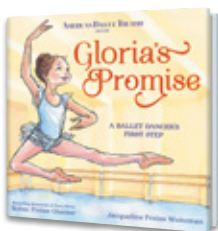
**Snack**



**Dance Bag**



**Water Bottle**



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# More Activities to Get Your Little Dancer Ready for Class!



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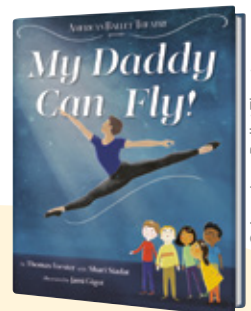
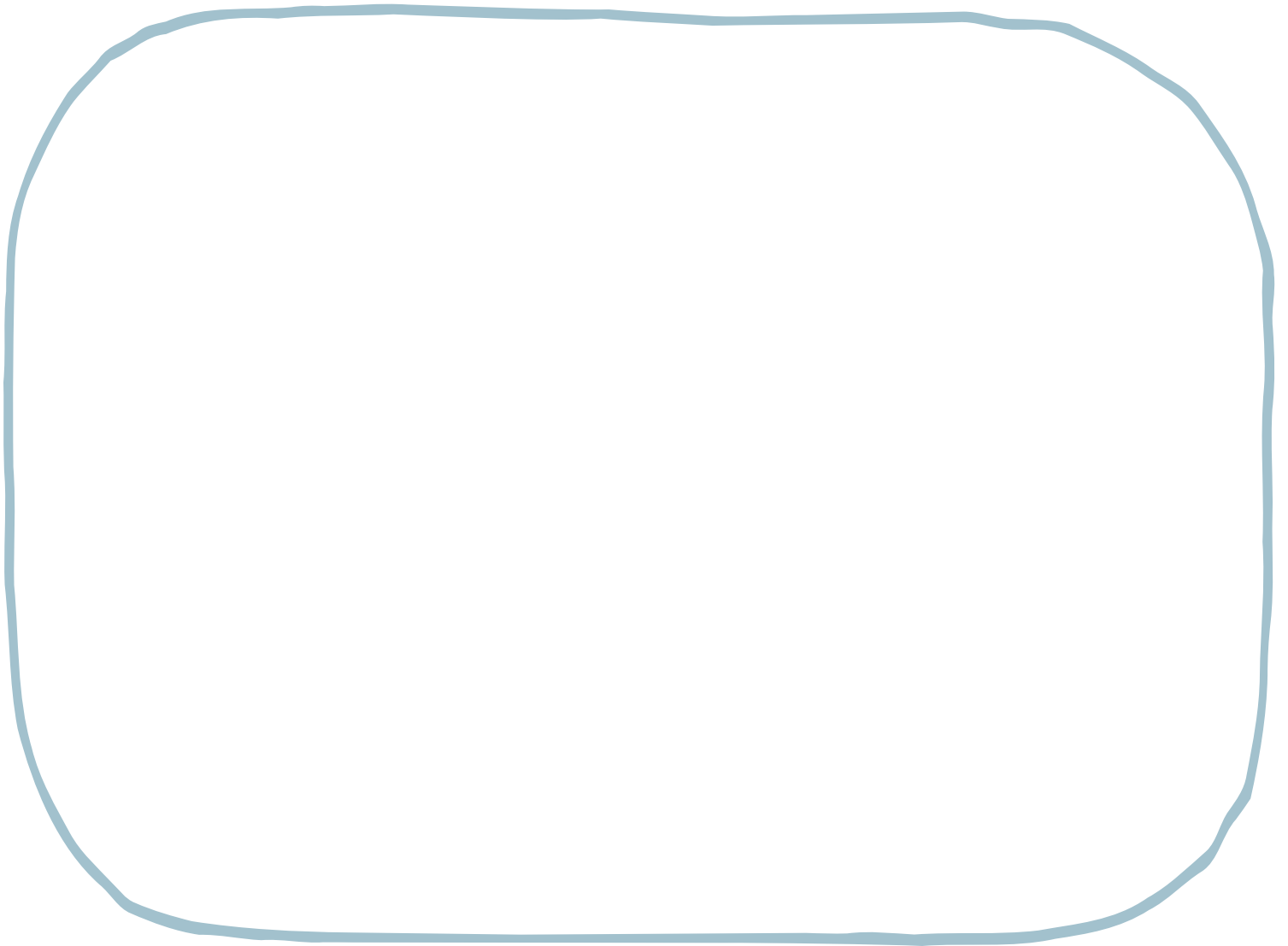


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# When I Grow Up . . .

What do you want to be when you're older?  
Dream big and draw yourself all grown up!



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# Follow the Dancer

Practice your dance moves  
with your friends and family!

HOW TO PLAY: In a group, have one person be the lead dancer, while the others will be followers. The leader will start dancing and everyone else must follow their dance moves. However, when the leader does a pirouette, the rest of the dancers must freeze. If a dancer copies the pirouette, they're out! The last dancer standing wins!

If you're the leader, here are some ideas  
for dance moves from *My Daddy Can Fly!*



*plié*



*arabesque*



*jeté*



*attitude devant*



*pirouette*



*attitude derrière*



*sauté*



*sous-sus*



*tendu*



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# Spot the Differences

Ben and his daddy need your help!  
Can you find 10 differences between the two pictures below?



Find the answer on  
the page 22 of this packet.



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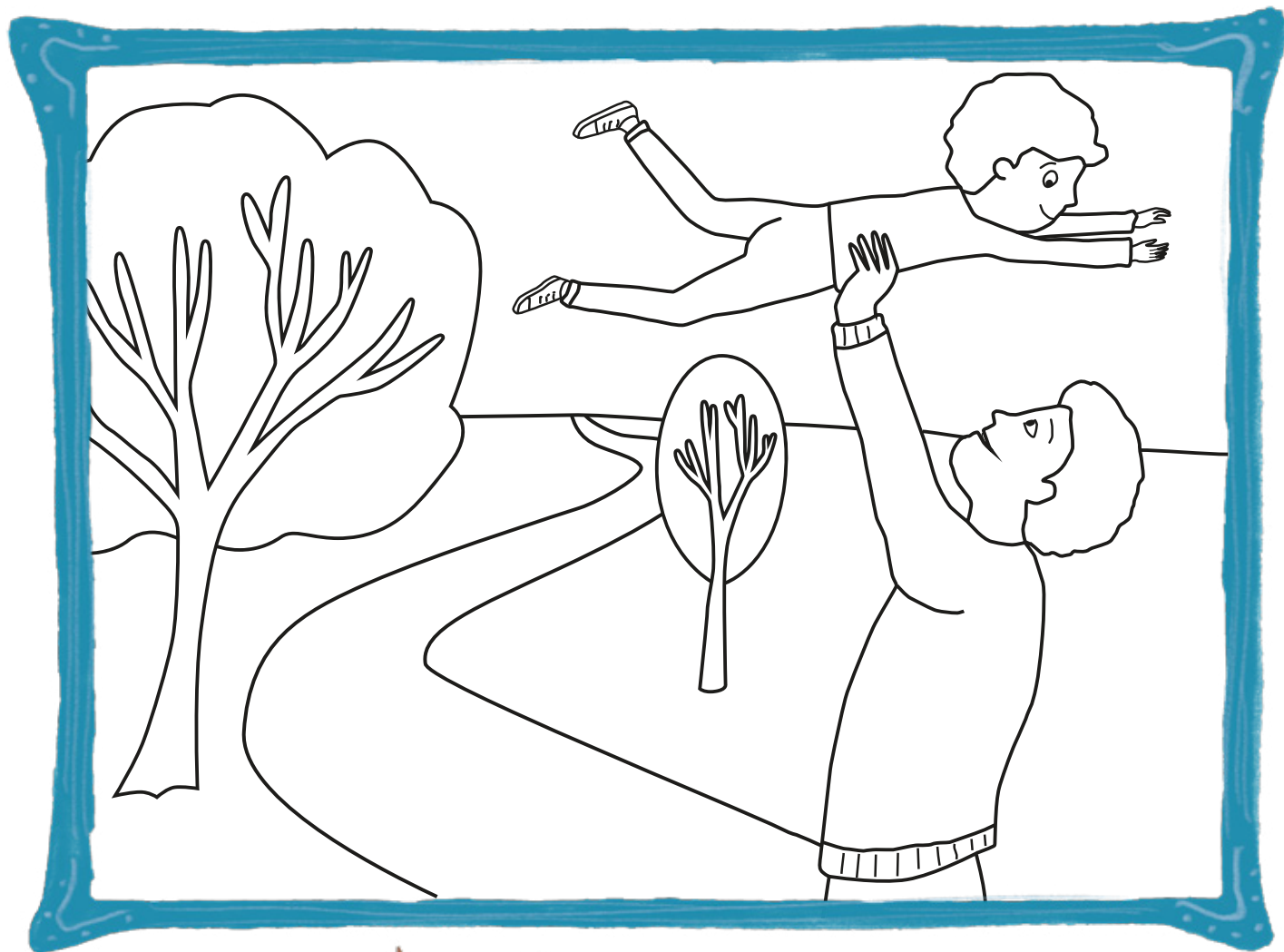


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# Color the Dancer

Ben's daddy is a ballet dancer, and Ben wants to grow up to be just like him! Color in this scene to bring Ben and his daddy to life.



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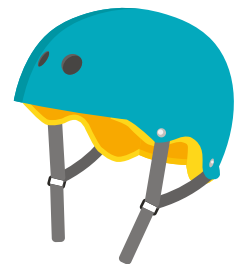
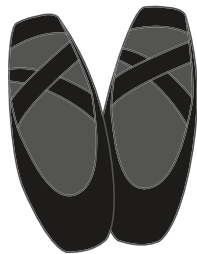
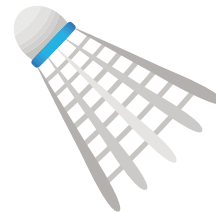
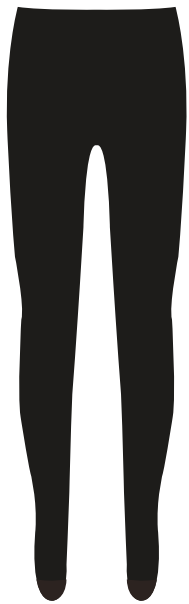
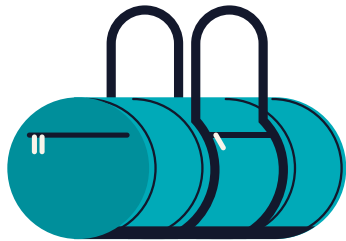
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# Get Ready for Ballet Class

Get ready to dance! Circle only the items below that should be brought to ballet class.



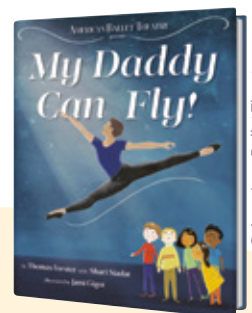
Find the answer on the page 22 of this packet.



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# Let's Dance Together

## Dance with these emotions!

Ballet dancers act out different emotions when they dance. They show through their movements whether they're happy or sad, mad or excited. Ben and his daddy invite you to practice acting out different emotions through dance with a game of charades!

Below are different emotions that you must act out through dance. With a grown-up's help, print and cut out the below emotions and shuffle them. You can also write these words on your own paper. Take turns picking a different emotion and acting it out for others to guess. If you guess what the dancer's emotion is, you get a point!

The player with the most correct guesses wins!

Remember, you can only show this emotion through dance, no speaking!

Happy

Mad

Afraid

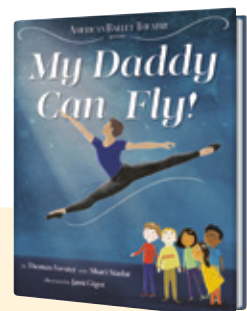
Sad

Surprised

Excited

Nervous

Confident



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# Ballet Warm-Ups

Get your little dancer moving before class! These exercises will help your dancer stay limber and get ready to dance.

## Exercise 1

Pretend that you're a butterfly! Butterflies can teach you how to be graceful when you dance.

## Exercise 2

Pretend that you are swimming! Swimming can help you build strength for your dancing.

## Exercise 3

Pretend that you're a bear! Bears have courage that you can bring with you to your dance class.

## Exercise 4

Pretend you're a dog! Dogs have positive attitudes that can help you build confidence.

## Exercise 5

Pretend that you can fly! This helps you build your imagination.

**Now your little dancer is ready for class!**



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# Spot the Differences

Can you find the differences between the pictures?

These dancers are getting ready for class!  
Circle ten differences that you see between the two pictures.



Find the answer on  
the page 22 of this packet.



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# Let's Dance Together

Join in the dancing fun!

Have you ever wanted to dance on the big stage?  
Now is your chance! Draw yourself into the scene below,  
showing off your awesome dance moves for all to see!



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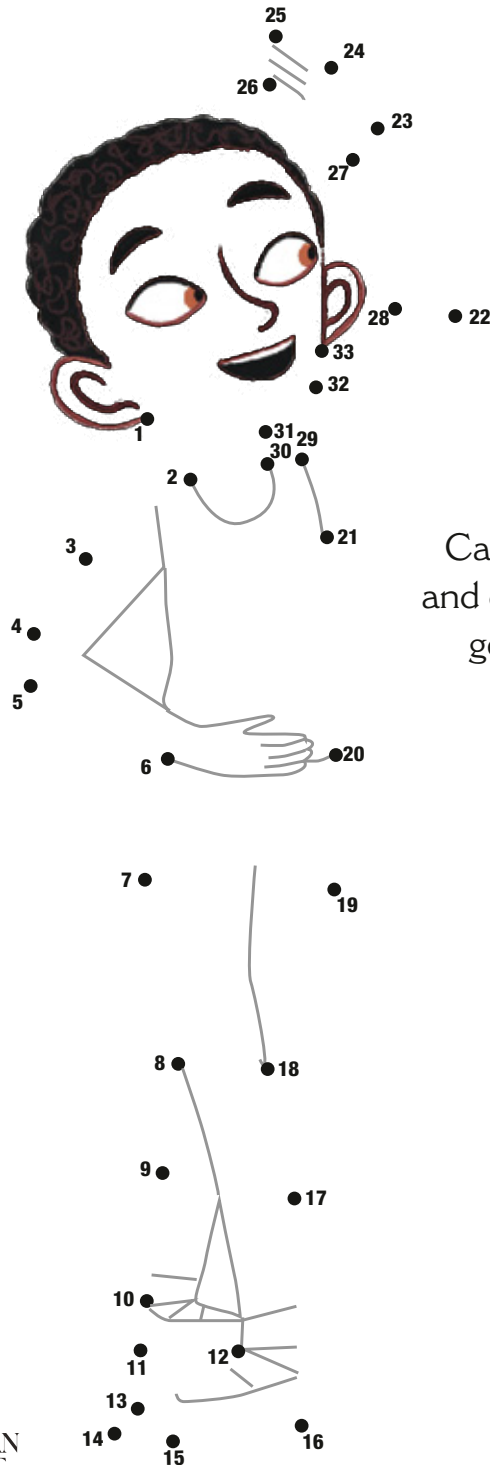
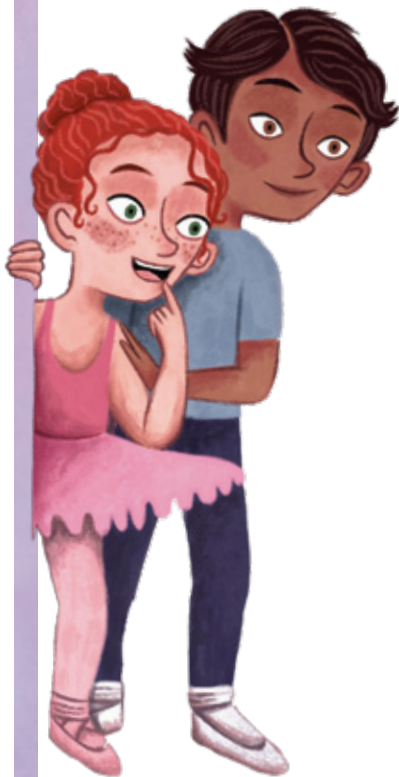
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# Connect the Dots

Find the little dancer!



Can you connect the dots and discover the little dancer getting ready for class?

Find the answer on the page 22 of this packet.



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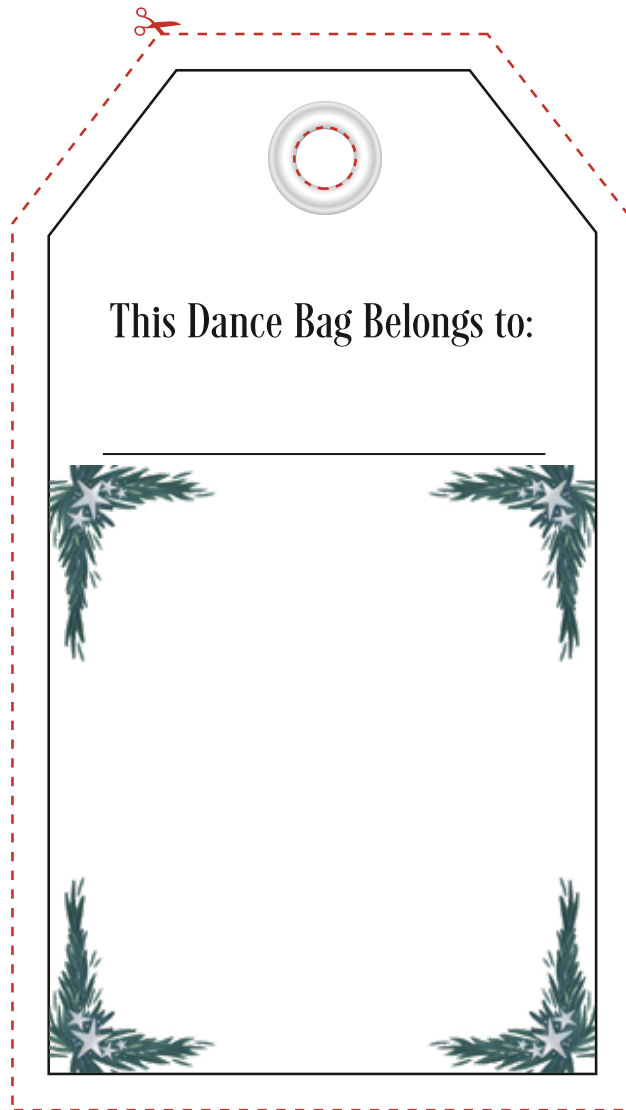


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# Dance Bag Tag

Never lose your dance bag again! Use the template below to design your very own dance bag tag. Write your name on the tag and decorate it any way you'd like. With a grown-up's help, cut out the shape and small hole at the top along the red dashed lines. Loop a string through the hole to attach the tag to your bag!



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# Create Your Own Routine

It's rehearsal time and you need to practice your routine.

Draw yourself dancing in the space below.

You can gather your own audience and practice your performance for them!



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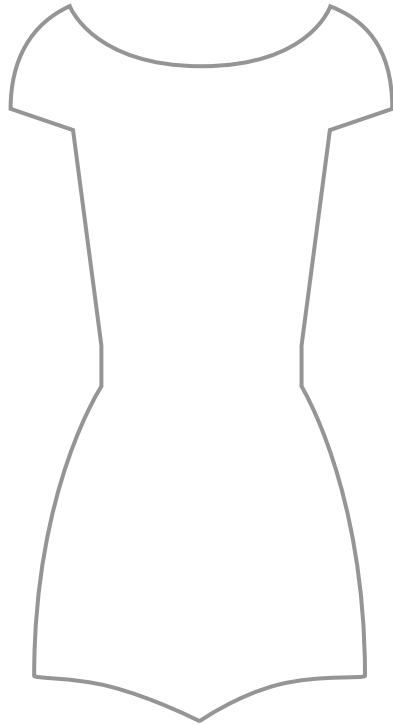




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# Design Your Costume

Congratulations, you got the part! Now it's time to design the ballet costumes for the performance. Use the space below to design dream costumes for you and your fellow dancers!



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# Color the Performance

It's showtime! Show off your creativity and color in this dance scene from *The Night Before The Nutcracker*.



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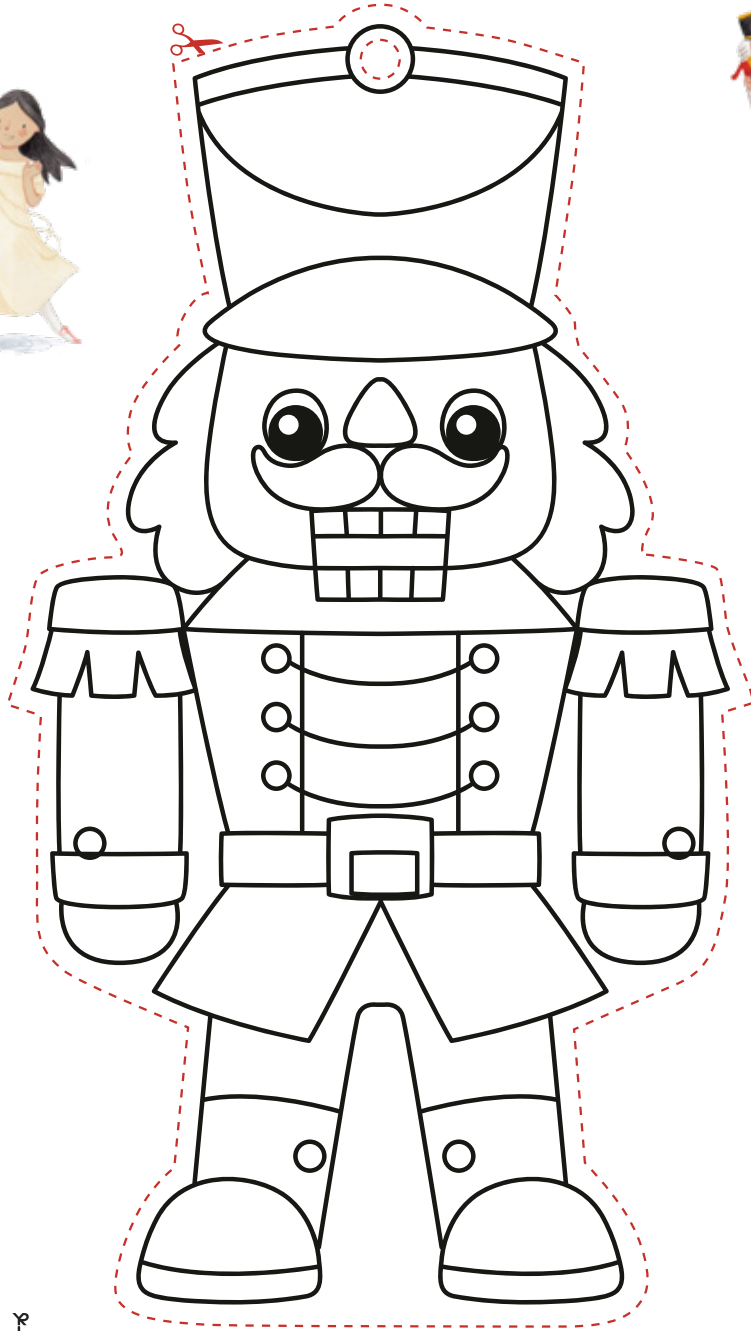




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# Nutcracker Ornament

Congratulations on your performance of *The Nutcracker*! Color the ornament to celebrate your accomplishment. With a grown-up's help, cut out the design and cut a small hole near the top of the ornament. Loop a piece of string through the hole and hang it wherever you wish!



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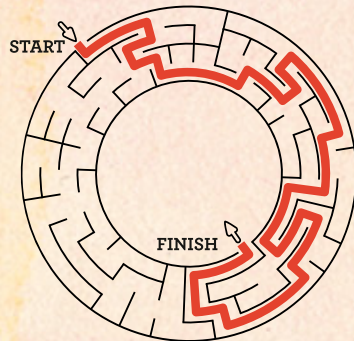


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# Activities Answer Key

**ANSWER FOR PAGE 3:**



**ANSWERS FOR PAGE 9:**



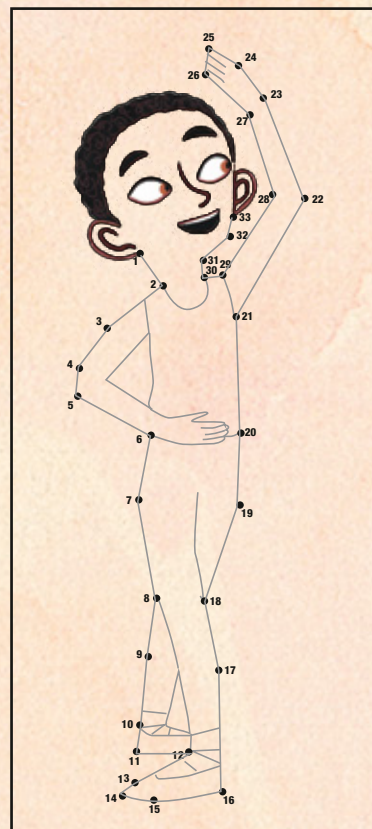
**ANSWERS PAGE 11:**

Things to bring to ballet class:  
ballet bag, leotard, tights, water bottle, ballet shoes

**ANSWERS FOR PAGE 14:**



**ANSWER FOR PAGE 16:**



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